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Former Moonie member and one of America's foremost experts in cults and mind control provides an eyeopening analysis of Trump and the indoctrination tactics he uses to build a fanatical devotion in his supporters.

# THE CULT OF TRUMP

## A Leading Cult Expert Explains How the President Uses Mind Control

By Steven Hassan

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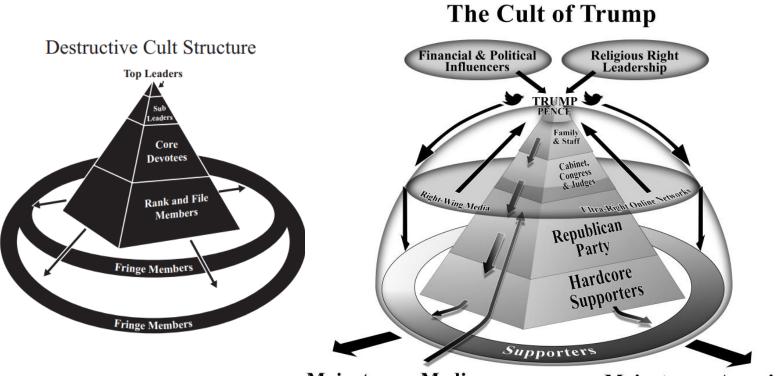


#### Manson, Jones, Hubbard, Moon...and Trump Cult mind control and presidential politics

Since his election in 2016, Donald Trump's behavior has become increasingly erratic and alarming. He rallies his followers with chants of "fake news" and "build the wall," and continues to spread the us-versus-them mentality that is dividing friends, families, and our nation. And yet many of his followers remain blindly devoted. Behind this bizarre display of lies and narcissism there is a familiar pattern—of a cult leader and his followers.

**Steven Hassan**—one of America's leading cult and mind-control experts—has been counseling people out of destructive relationships for more than forty years. In this book, he takes the reader on a journey into the dark and dangerous world of mind manipulation, drawing parallels between Trump and such notorious cult leaders as Jim Jones, David Koresh, L. Ron Hubbard, and Sun Myung Moon. He describes in compelling, fascinating, and ultimately disturbing detail how Trump mirrors these leaders, both in his narcissistic personality and in the influence and mind-control techniques, including hypnosis, he uses to keep his followers believing in him. Trump claims—like many cult leaders—that only he can "fix" America. Yet, as Hassan shows, Trump is caught in a complex web of influence that includes the Christian Right, the Altright, and the right-wing media. He concludes by showing how we can help our loved ones out of the Cult of Trump and protect ourselves from future authoritarian leaders.

An accessible and in-depth analysis of the president, **THE CULT OF TRUMP** reveals that under the right circumstances, even sane, rational, well-adjusted people can be persuaded to believe the most outrageous ideas and leader.



Mainstream Media

**Mainstream America** 

### Advanced Praise for THE CULT OF TRUMP

"A brilliant analysis of a unique modern phenomenon. Readers will nod their head in recognition as Hassan expertly takes them through a fascinating, engaging exploration of the coercive control techniques that President Donald Trump uses daily to influence his followers." —Dr. Philip Zimbardo, author of The Lucifer Effect and emeritus professor of psychology, Stanford University

"There is a growing recognition of an important cult-like element in Donald Trump's many-sided destructiveness. Steve Hassan confronts this element and takes us to the far reaches of possible cultic influence. We learn still more about our dangerously unfit President, knowledge that can be of help to us in combating him and the social forces behind him." —Robert Jay Lifton, author of *Losing Reality: On Cults, Cultism, and the Mindset of Political and Religious Zealotry* 

"Donald Trump, who rose to the presidency through a conspiracy theory—"birtherism"—and pedaled lies in unprecedented ways for a president, needs to be considered as a cult figure. Practical cult expert Steven Hassan does this by explaining how brainwashing works, how the nation got to this place, and how we can get out of it. His book should become part of the compendium of essential reading on the Trump phenomenon." —Bandy X. Lee, MD, MDiv, editor of the New York Times bestseller The Dangerous Case of Donald Trump

"Hassan has been studying cult mind control for decades and his work is illuminating. This book explains how mind control stops people from thinking critically, thinking beyond what they are told." —**Professor Yaneer Bar-Yam, president of the New England Complex Systems Institute** 

"This book is a fascinating tour through the ways people are recruited and retained by cults, the characteristics of cult leadership and the dimensions of undue influence. Point by point, Hassan shows how Trump and his followers meet each of the criteria that define a cult and how Trump's childhood and rise to the presidency shaped his imperious, narcissistic style and why his followers, both in the voting public and the congress, cannot make a rational evaluation of his words and actions. This book is a must for anyone who wants to understand the current political climate." —Judith Stevens-Long, Ph.D and author of *Living Well, Dying Well* 

"Drawing on both his experiences as cult expert and ex-cult member, Hassan opens a wide-ranging, thoughtful and well-researched analysis of some of the most puzzling aspects of the current presidency, including the remarkable passivity of fellow Republicans, the gross pandering of many members of the press, the curious avoidance of clear labels that could and should be applied by the media. Quibbles and speculations about diagnosis do not play central roles. Instead, the current administration is best understood through cult analogies, including factors such as total authoritarianism and intolerance of any questioning or deviation from the "playbook." This is both a clarifying and a terrifying book. Highly recommended." —Thomas G. Gutheil, MD and professor of psychiatry, Harvard Medical School

"The Cult of Trump, in step-by-step detail, examines the inner-workings of our current Presidential administration. Hassan masterfully parallels the psychological manipulation employed by cults over its members with the current administration's distortion of reality by its twisting narratives and use of systematic techniques to influence our view of the country. The picture is much darker than mere buffoonery." —Robin Boyle Laisure, J.D., advisory council member of International Cultic Studies Association, and author of "Employing Trafficking Laws to Capture Elusive Leaders of Destructive Cults"

#### About the author

**STEVEN HASSAN** is a mental-health professional who has been helping people leave destructive cults since 1976, after he was deprogrammed from Sun Myung Moon's Unification Church by his family. He directs the Freedom of Mind Resource Center, a counseling and publishing organization, outside Boston. He teaches at Harvard Medical School and is pursuing a doctorate at Fielding University. He is the author of three books, *Combating Cult Mind Control, Releasing the Bonds*, and *Freedom of Mind: Helping Loved Ones Leave Controlling People, Cults and Beliefs*. Hassan was recently featured in Leah Remini's "Scientology and the Aftermath" and has previously appeared on CNN, NPR, 60 Minutes, Dateline, and more.



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