

DR. STEVEN HASSAN



ABOUT DR. HASSAN

Dr. Steven Hassan is a leading expert, author, and sought-after speaker in the field of authoritarian cults, mind control and coercion.

Dr. Hassan has dedicated his life to understanding the intricate workings of destructive cults, mind control, and the process of deprogramming individuals who have been ensnared by such groups.

A captivating speaker who has addressed audiences worldwide, Dr. Hassan's insights offer a profound understanding of the psychological mechanisms that underlie coercive influence and the journey to reclaim one's autonomy.

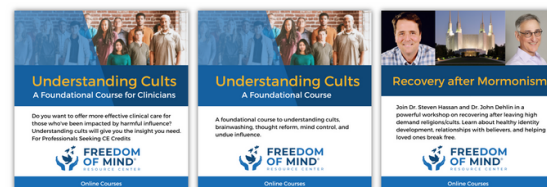
BOOKS

Dr. Hassan's critically acclaimed works, including "Combating Cult Mind Control," "Freedom of Mind," and "The Cult of Trump," have shed light on the psychological, social, and emotional aspects of undue influence, while providing practical tools for healing and recovery.



COURSES

Unlock Minds. Empower Lives. Learn how to help yourself and loved ones with Dr. Steven Hassan's transformative courses. Whether you're seeking to understand cult dynamics, recover from manipulation, or help others navigate these complex issues, these courses provide a comprehensive and empowering educational experience.



SPEAKING

Steven travels the United States and abroad to present plenary talks, training workshops and seminars for mental health professionals, educators, state and federal programs, and law enforcement officers, as well as for families of cult members. He has also presented four TEDx talks.



[learn more](#)

Schedule time with Steven Hassan PhD and learn more at www.freedomofmind.com

DR. STEVEN HASSAN



ONLINE REACH



7.3K



76K



16.9K

THE BITE MODEL®

Steven Hassan developed the BITE® Model of Authoritarian Control to describe cults' specific methods to recruit and maintain control over people. "BITE" stands for Behavior, Information, Thought, and Emotional control. Learn more about this industry standard screening tool at www.freedomofmind.com

TESTIMONIALS

"Steven Hassan's writings and life work fill a critical need in our health and our lives. Health care professionals have long ignored the essential role that social psychology and influence play in our efforts to be healing. Beyond the skills of therapeutic persuasion in our own clinical effectiveness, too many sources of undue influence pervade our culture to ignore its significance in health and illness.

Laurence I. Sugarman, M.D. F.A.A.P., A.B.M.H

Getting short term cult-related counseling from Steve Hassan helped me to understand what had happened to my mind. Steve gave me the skills to reconnect to parts of myself which had been damaged by the cult, and empowered me to live to my fullest potential, without the need for psychiatric medication.

Laura, Former Cult Member

"Steven Hassan's work could change the lives of millions... At the end of his specialized counseling, people report that their addiction to the cult had disappeared. This has helped the individual as well as their family members. They started to feel empowered almost immediately and today they feel better than ever. Hassan's clients are thrilled with their new lives."

Dr. Brian Alman

[learn more](#)



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